

## Module P5.1 Simple harmonic motion

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[Exit module](#)

# 1 Opening items

## 1.1 Module introduction

Vibrations and oscillations are part of your everyday life. Within minutes of waking up, you may well experience vibrations in a wide variety of forms: the buzzing of the alarm clock; the bounce of your bed; the oscillations of a loudspeaker, which in turn are produced by oscillations of charges in electric circuits; the vibrations of an electric toothbrush or an electric razor, and so on. Some are very welcome and aesthetically pleasing, such as the vibrations of musical instruments. Others, such as the vibrations caused by machinery and traffic, are noisy and annoying. Vibrations range from the small-scale motions of atoms in solids to the large-scale swaying of bridges and tall buildings; from the irregular bending of a tree in the wind to the extremely regular oscillations of the balance wheel of a watch. A common feature of many of these vibrations or oscillations is that the motion is repetitive or *periodic*. Such motions are described as *periodic motions* and the shortest time over which the motion repeats is called the *period* or *periodic time*.

This module is concerned with one of the simplest types of periodic motion — *simple harmonic motion* (SHM). In SHM the displacement, velocity and acceleration of the oscillating object can all be represented as *sinusoidal* functions of time.

SHM arises whenever an object is made to oscillate about a *position of equilibrium* by a force that has the following characteristics:

- the force is always directed towards the position of equilibrium;
- the force has a magnitude which is proportional to the distance between the object and the position of equilibrium.

In practice, when most stable systems are displaced slightly from equilibrium and then released, the periodic motion that follows can be treated as SHM, a combination of SHMs, or at least an approximation to one or more SHMs. For this reason SHM can be regarded as a basic building block of far more complicated periodic motions.

The simple mechanics of SHM (along with a mathematical model of SHM and its *phasor representation*) are discussed in Section 2. The more complicated (but realistic) oscillations that occur in more than one dimension are covered in Section 3, where the *superposition* of SHMs is discussed.

In nature a vast range of different systems exhibit SHM. In this module we will be concerned mainly with oscillations in mechanical systems. There are many analogous oscillations of electrical or electronic systems but these are described elsewhere in *FLAP*.

***Study comment*** Having read the introduction you may feel that you are already familiar with the material covered by this module and that you do not need to study it. If so, try the [\*Fast track questions\*](#) given in Subsection 1.2. If not, proceed directly to [\*Ready to study?\*](#) in Subsection 1.3.

## 1.2 Fast track questions

**Study comment** Can you answer the following *Fast track questions*?. If you answer the questions successfully you need only glance through the module before looking at the *Module summary* (Subsection 4.1) and the *Achievements* listed in Subsection 4.2. If you are sure that you can meet each of these achievements, try the *Exit test* in Subsection 4.3. If you have difficulty with only one or two of the questions you should follow the guidance given in the answers and read the relevant parts of the module. However, *if you have difficulty with more than two of the Exit questions you are strongly advised to study the whole module.*

### Question F1

A stable system, if slightly disturbed, oscillates about its position of equilibrium. Explain why it does this, with reference to a simple pendulum.



## Question F2

A body of mass  $m$  oscillates with SHM in one dimension about a position of equilibrium ( $x = 0$ ) and has a frequency  $f$ , angular frequency  $\omega$  and amplitude  $A$ . The displacement from the position of equilibrium is  $x$ , and this displacement is  $A$  at  $t = 0$ . Write down an expression for the displacement of the body from equilibrium at time  $t$  and derive expressions for the velocity, acceleration and the force acting at this same time. Write down an expression giving the force in terms of  $m$ ,  $x$  and  $\omega$ .



### *Study comment*

Having seen the *Fast track questions* you may feel that it would be wiser to follow the normal route through the module and to proceed directly to [Ready to study?](#) in Subsection 1.3.

Alternatively, you may still be sufficiently comfortable with the material covered by the module to proceed directly to the [Closing items](#).

## 1.3 Ready to study?

**Study comment** In order to study this module you will need to be familiar with the following terms: acceleration, angular speed, Cartesian coordinates, deceleration, displacement, distance–time graph, equilibrium, force, mass, Newton’s laws of motion, speed, uniform circular motion, velocity, velocity–time graph, weight and the mathematical concepts of angle, circle, degree, ellipse, gradient, inverse trigonometric functions (in particular,  $\arctan x$ ), magnitude, maxima and minima, modulus, parabola, periodic function, radian, tangent, trigonometric functions, vector, vector addition, vector component. You do not need to be fully conversant with differentiation in order to study this module, but you should be familiar with the calculus notation  $dx/dt$  used to represent the rate of change of  $x$  with respect to  $t$  (i.e. the derivative of  $x$  with respect to  $t$ ). If you are unsure about any of these terms you should refer to the *Glossary*, which will also indicate where in *FLAP* they are developed. The following *Ready to study questions* will allow you to establish whether you need to review some of the topics before embarking on this module.

### Question R1

Are any of the following functions [periodic](#) and, if so, what is their period? (a)  $\sin x$ , (b)  $\cos^2 x$ , (c)  $x^2 - 3x^2 + 3x - 1$ .



### Question R2

Express the following angles in [radians](#): (a)  $30^\circ$ , (b)  $135^\circ$ .



### Question R3

Give the values of  $t$  within the range  $t = 0$  to  $t = 1$  at which each of the following [periodic](#) functions has a maximum, a minimum, and a zero. (a)  $\cos 2\pi t$ , (b)  $\sin 2\pi t$ , (c)  $\cos 4\pi t$ , (d)  $\cos (2\pi t + \pi/2)$ .





### Question R4

If  $x = A \cos(\omega t + \phi)$ , where  $A$ ,  $\omega$  and  $\phi$  are constants, what is the [\*derivative\*](#)  $dx/dt$ .

(You may use graphical techniques if you are unfamiliar with [\*differentiation\*](#).)



### Question R5

In two dimensions, the [\*displacement vectors\*](#)  $\vec{OA}$  and  $\vec{OB}$  are defined in terms of their [\*components\*](#) by  $\vec{OA} = (1, 2)$  and  $\vec{OB} = (3, 2)$ . Using components write down expressions for their resultant  $\vec{OC}$  and for the displacement  $\vec{AB}$ . What is the angle between  $\vec{OC}$  and  $\vec{AB}$ ?



## Question R6



A train consists of a string of carriages of total mass  $4.0 \times 10^5$  kg, coupled to a locomotive of mass  $1.0 \times 10^5$  kg.

- (a) What is the magnitude of the weight of the entire train? What is the direction of the weight?
- (b) If the train accelerates uniformly from rest on a straight level track to a velocity of  $81 \text{ km h}^{-1}$  due north, achieving this velocity in 6 min, what is its acceleration along the track?
- (c) The train stops accelerating, and maintains its velocity of  $81 \text{ km h}^{-1}$  due north for a further 12 min. It then decelerates uniformly until it stops at the next station, which it reaches in a further 12 min. Sketch the velocity–time graph of the train and calculate the total distance travelled over the full 30 min.
- (d) During the acceleration, what is the net horizontal force acting on the locomotive? What is the net horizontal force acting on the carriages?

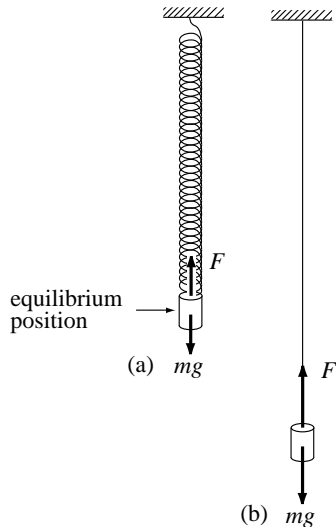


## 2 Simple harmonic motion in one dimension



### 2.1 Equilibrium conditions and simple oscillators

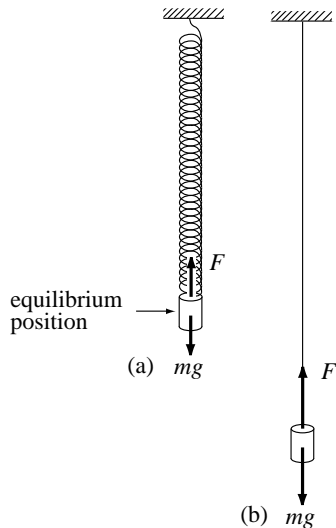
Consider the two mechanical systems illustrated in Figure 1. Figure 1a represents a body suspended from the end of a light coil spring , and Figure 1b shows a similar body called a *bob* suspended from the end of a light thread (i.e. a **pendulum**). Both systems are in **equilibrium**, which is to say that there is no *net force* acting on any part of the system. 

❖ In each case, what forces are acting on the body of mass  $m$ , and how are they related? What is the net force acting?



**Figure 1** Two simple oscillators in their equilibrium positions.

Notice that in each of the two systems, there is a unique **position of equilibrium**. In Figure 1a the spring force increases with the extension and at the position of equilibrium the force is just sufficient to support the weight of the body. The same is true in Figure 1b, as the thread is stretched slightly by the weight of the bob and the tension and the weight are *colinear*  at the position of equilibrium. Also, note that if the body in Figure 1a is displaced vertically down from its position of equilibrium, and then released, it will oscillate up and down. In a similar way, if the bob in Figure 1b is moved a short distance to one side and released, it will oscillate from side to side. These observations tell us that these equilibrium positions are points of **stable equilibrium**, in which a small **displacement** from the position of equilibrium causes forces which tend to restore the system to its position of equilibrium. 

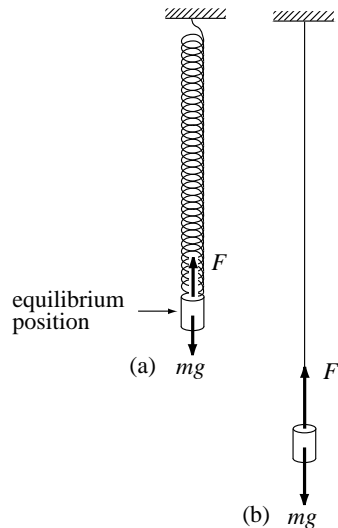


**Figure 1** Two simple oscillators in their equilibrium positions.

In contrast, a system in **unstable equilibrium** would, if disturbed, move away from the position of equilibrium. An example of such a system would be a small ball placed on top of a larger sphere. A system lacking any tendency either to return to or move further from its position of equilibrium is said to be in **neutral equilibrium**. An example here would be a small ball on a flat surface.

It is clear that oscillations about a position of equilibrium are possible only in the case of a position of *stable* equilibrium. Both systems in Figure 1 are in stable equilibrium. If the thread in Figure 1b were replaced by a light, rigid rod, supported at its upper end so that it is able to turn full-circle, there would be a position of unstable equilibrium with the centre of mass of the bob carefully balanced vertically above the point of support.

◆ How could the situations depicted in Figure 1b be turned into ones of neutral equilibrium?



**Figure 1** Two simple oscillators in their equilibrium positions.

Think about the oscillations of a stable system and try to answer the following questions before continuing. If you find it helps, hang up a pendulum and watch it swing.

◆ When the body is displaced from its equilibrium position and then released from rest, in what direction does it initially move with respect to the position of equilibrium?

What does your answer tell you about the net force on the body when it is displaced from equilibrium?

In the oscillation, is the maximum distance reached the same on each side of the position of equilibrium?

What is the speed of the body when at its maximum distance from the position of equilibrium?

Is the speed of the body constant as it moves between positions of maximum displacement?

If not, where is the speed greatest?


Is the motion of the body when it is moving in one direction similar to that when it is moving in the opposite direction?



What we have just described qualitatively is known as **simple harmonic motion**, usually abbreviated to SHM. This type of motion can be defined *kinematically*, through a description of the motion of the body, or *dynamically* in terms of the force which acts on the body to produce the observed motion. In this section, we will adopt the former approach first, then show that the two are equivalent. In addition to the swinging pendulum or vibrating mass on a spring there are a great many practical situations in which the motion can be described to a good approximation as SHM — for example, a boat pitching and tossing or just bobbing on the water, a car bouncing on its suspension, a vibrating string on a musical instrument, the air in an organ pipe or the motion of water in a ship's wake. We will now develop a common way of representing such motions.

## 2.2 Mathematical representations of SHM

The key features of SHM are that the motion is repetitive or periodic and that it involves a maximum displacement from the position of equilibrium. These features must appear in any mathematical representation of SHM.

The *magnitude* of the maximum displacement from equilibrium is called the **amplitude**  $A$  of the motion. As a magnitude, the amplitude cannot be negative. The time over which the motion repeats is called the **period** or **periodic time**  $T$  and this can be measured from any point in the motion to the next equivalent point. One full period is just sufficient for one complete **cycle** or oscillation of the motion, from a turning point, say, through the position of equilibrium to the other turning point and back again to the original turning point.  The **frequency**  $f$  is the number of cycles completed in one second and is the reciprocal of the period (measured in seconds):

$$f = \frac{1}{T} \quad (1)$$

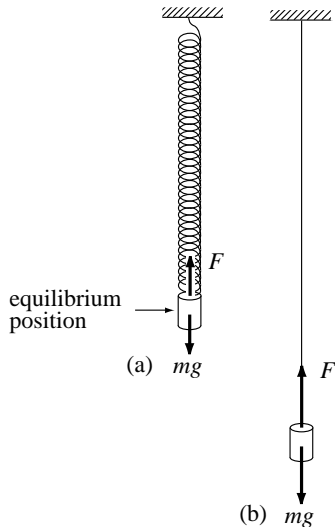


The units of frequency are used so often and so widely that they have been given the special name **hertz**, which may be abbreviated to Hz. Thus


$$1 \text{ hertz} = 1 \text{ Hz} = 1 \text{ second}^{-1} = 1 \text{ s}^{-1}$$



If the moving object travels backwards and forwards along a straight line (as in Figure 1a) we say the motion is *linear* and refer to it as **one-dimensional SHM**. In such cases we can take the position of equilibrium to be the origin of a *Cartesian coordinate system* and by choosing the orientation of the system appropriately we can represent the displacement from equilibrium, measured along the line of motion, by the *position coordinate*  $x$ .



**Figure 1** Two simple oscillators in their equilibrium positions.

To represent the variation of displacement with time mathematically we require  $x$  as a periodic function of time  $t$ . The simplest periodic functions to use are sine and cosine, so we could, for example, represent a one-dimensional periodic motion, about the origin by 



$$x(t) = A \cos\left(\frac{2\pi t}{T}\right) \quad (2a)$$

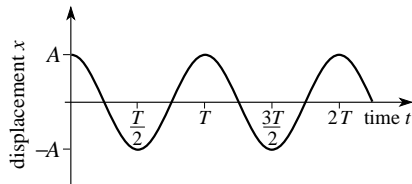
where  $A$  and  $T$  are constants, and  $x(t)$  denotes the displacement from the position of equilibrium at time  $t$ . As a first step towards confirming that Equation 2a represents the key features of SHM, answer the following question.

- ◆ What is the displacement at times  $t = 0$ ,  $t = T$ ,  $t = T/2$ ,  $t = T/4$  and  $t = 3T/4$ ?



Figure 2 shows just over two cycles of this linear motion as a displacement–time graph. Examine this graph carefully, and notice that, in all essential details, it corresponds closely to the qualitative description of SHM given earlier. In particular, note that:

- The motion is periodic with periodic time  $T$ . If you compare the portion of Figure 2 from  $t = 0$  to  $t = T$  with that from  $t = T$  to  $t = 2T$ , these portions are obviously identical. The graph thus repeats itself after a time  $T$ .
- It has a maximum displacement or amplitude  $A$ .
- It shows an object moving smoothly and symmetrically between two turning points. 
- It shows an object which is stationary at the turning points and which moves with a changing velocity  $v_x$  between the turning points, attaining a maximum speed as it passes through the position of equilibrium at  $x = 0$ . 
- Since the velocity  $v_x$  changes smoothly between the turning points the acceleration must also be changing smoothly over a cycle and, from Newton's second law of motion  $F_x = ma_x$ , this implies a smoothly varying force acting on the object.



**Figure 2** A displacement–time graph for SHM.

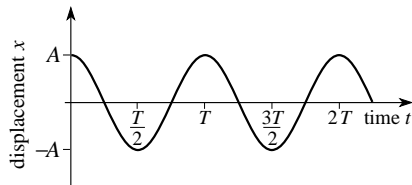
In order to probe Equation 2a further,

$$x(t) = A \cos\left(\frac{2\pi t}{T}\right) \quad (\text{Eqn 2a})$$

let us construct the corresponding [velocity–time graph](#) and [acceleration–time graph](#) of the motion. In order to establish that they also accord with our qualitative ideas of SHM.

### Question T1

Using Figure 2, make a rough sketch of the velocity–time graph corresponding to Equation 2a over the interval  $0 \leq t \leq 2T$ . Use your answer to help you sketch the acceleration–time graph over the same interval. □



**Figure 2** A displacement–time graph for SHM.

From Question T1 we see that Equation 2a produces all the aspects of SHM which we have so far identified. It is tempting to *define* SHM quantitatively by Equation 2a. However, before we jump to this conclusion we have to consider whether this would be sufficiently general to be a *definition* of SHM.

For example, Equation 2a

$$x(t) = A \cos\left(\frac{2\pi t}{T}\right) \quad (\text{Eqn 2a})$$

insists that at time  $t = 0$  the object has its maximum displacement of  $x = A$  and is at rest. Equation 2a cannot, for example, represent the situation in which we consider *the same motion* but we start our clock from  $t = 0$  as the object passes through its position of equilibrium at  $x = 0$ . In this case we need  $x = 0$  at  $t = 0$  and the cosine function of Equation 2a does not satisfy this requirement.

◆ Suggest an alternative to Equation 2a that describes the same motion but allows us to have  $x = 0$  at  $t = 0$ , and, also, where  $v_x$  has its maximum value at  $t = 0$ .



The implication of this is that the expression

$$x(t) = A \sin\left(\frac{2\pi t}{T}\right) \quad (2b)$$

is an equally valid representation of one-dimensional SHM, but under different *initial conditions*.

The sine and the cosine functions both have a common general *shape* that is usually described as *sinusoidal*, without stipulating whether it is the sine or the cosine function that is involved. It is this wavy sinusoidal shape that is the crucial feature of the kinematic definition of SHM.

$$x(t) = A \cos\left(\frac{2\pi t}{T}\right) \quad (\text{Eqn 2a})$$

The general mathematical representation of one-dimensional SHM must include Equations 2a and 2b as particular cases, but it must also include all those other sinusoidal functions which have neither a maximum nor a minimum at  $t = 0$ . Once we know this general mathematical representation we can be confident that if we observe an example of SHM and measure corresponding values for  $x$  and  $t$  then those data will fit the general mathematical representation for some appropriate choice of initial conditions. In other words, our general mathematical representation should be sufficiently general that we should be able to regard any given stage of the motion as corresponding to  $t = 0$ . Developing this general representation of one-dimensional SHM will occupy much of the next subsection, but first we must discuss a feature of Equations 2a and 2b that we have so far glossed over.

$$x(t) = A \cos\left(\frac{2\pi t}{T}\right) \quad (\text{Eqn 2a})$$

$$x(t) = A \sin\left(\frac{2\pi t}{T}\right) \quad (\text{Eqn 2b})$$

The form of Equations 2a and 2b implies that over each period of oscillation, as the time  $t$  increases its value by the fixed amount  $T$ , the oscillator passes through a complete cycle of  $x$  values. Now, during such a cycle, the quantity  $2\pi t/T$  (i.e. the [argument](#) of the sine and cosine functions) increases by  $2\pi$ , and each additional increment of  $2\pi$  corresponds to another complete oscillation. In this way the argument of the sine or cosine function behaves rather like an angle measured in radians, since that too would complete an additional cycle for each increase of  $2\pi$  radians (or  $360^\circ$ ). Of course, there's not really any angle involved here since the motion is linear and the quantity  $2\pi t/T$  has no units; what the argument of the periodic sine or cosine function tells us is the stage that the moving particle has reached *within its own cycle of oscillation*. Nonetheless, the argument of the periodic function is often referred to as the [phase angle](#) or simply the [phase](#) of the motion and is as likely to be expressed in radians (or the corresponding number of degrees) as it is to be given as a unitless number. A phase of 0 corresponds to the start of a cycle, a phase of  $2\pi$  to the start of the next cycle,  $4\pi$  the next, and so on. If the motion is halfway through the first cycle the phase is  $\pi$ .

It is possible to write the phase in Equations 2a and 2b

$$x(t) = A \cos\left(\frac{2\pi t}{T}\right) \quad (\text{Eqn 2a})$$

$$x(t) = A \sin\left(\frac{2\pi t}{T}\right) \quad (\text{Eqn 2b})$$

more simply by introducing the [angular frequency](#)  $\omega$  (Greek letter omega) as a shorthand for  $2\pi/T$  so that  $2\pi t/T = \omega t$ . You will soon see some of the advantages of introducing  $\omega$  but for the moment let's just note that its value determines the rate of change of the phase, that the units of  $\omega$  are  $\text{s}^{-1}$  and that it makes sense to call it angular *frequency* because it is related to the ordinary oscillation frequency and time period as follows:

$$\omega = \frac{2\pi}{T} = 2\pi f \quad (3)$$

Hence,  $T = \frac{1}{f} = \frac{2\pi}{\omega} \quad (4)$



Finally, we note that in terms of angular frequency Equations 2a and 2b

$$x(t) = A \cos\left(\frac{2\pi t}{T}\right) \quad (\text{Eqn 2a})$$

$$x(t) = A \sin\left(\frac{2\pi t}{T}\right) \quad (\text{Eqn 2b})$$

can be written as

$$x = A \cos \omega t \quad (5a)$$

and  $x = A \sin \omega t \quad (5b)$

## Question T2

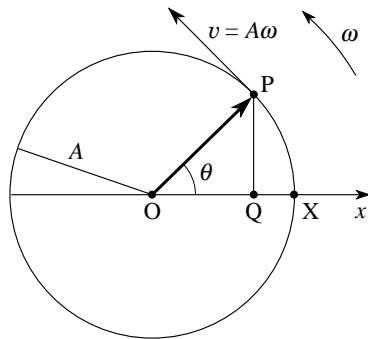
Calculate the frequency and angular frequency for an oscillation of period  $200\mu\text{s}$ .  $\square$



## 2.3 Uniform circular motion and SHM

The Greek letter  $\omega$  that is used to represent the [angular frequency](#) of an oscillator is also widely used to represent the [angular speed](#) of an object moving in a circle. This is no mere coincidence, rather it points to a deep association between one-dimensional simple harmonic motion and [uniform circular motion](#). (An example of uniform circular motion would be the movement of a point on the rim of a uniformly rotating wheel of radius  $r$ . The direction of motion of such a point is changing all the time but its speed  $v$  is constant, and so is its angular speed  $\omega = v/r$ .) This link between SHM and uniform circular motion provides valuable insight into the ideas of phase and angular frequency, as you are about to see.

Figure 3 shows an object in uniform circular motion about the origin of a Cartesian coordinate system. (The  $x$ -axis of the coordinate system is also shown in the figure.) The object is moving with constant angular speed  $\omega$ , at a fixed distance  $A$  from  $O$ , so its speed at any instant is given by  $v = A\omega$ .



**Figure 3** An object in uniform circular motion with an orbit radius  $A$ , an angular speed  $\omega$  and an orbital speed  $v = A\omega$ .



Imagine that you are located in the plane of Figure 3, looking at the circular path of the moving object ‘edge-on’, from a point outside the circle. Describe the apparent motion of the object from your viewpoint.



In fact, the apparent linear motion seen from the plane of Figure 3 would be SHM with amplitude  $A$  (i.e. equal to the radius of the circle) and angular frequency  $\omega$  (i.e. equal to the angular speed of the circular motion). Thus by viewing uniform circular motion in the right way we can obtain the ‘appearance’ of one-dimensional SHM. Or, to put it another way, with any given one-dimensional SHM of amplitude  $A$  and angular frequency  $\omega$  we can associate a ‘fictional’ uniform circular motion of radius  $A$  and angular speed  $\omega$ .

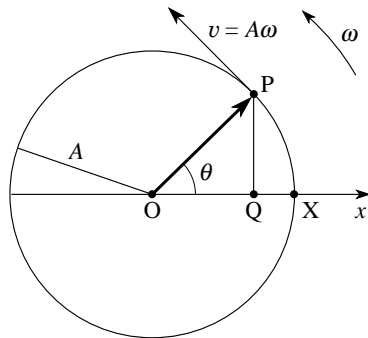
Now, how does this association between one-dimensional SHM and uniform circular motion help us to understand the phase that appears in mathematical representations of SHM such as Equations 5a and 5b?

$$x = A \cos \omega t \quad (\text{Eqn 5a})$$

$$x = A \sin \omega t \quad (\text{Eqn 5b})$$

Well, suppose that we start timing the motion in Figure 3 from the moment

when the moving object crosses the  $x$ -axis at the point X. If the time taken for the object to reach the point P is  $t$  then we can say that  $\theta = \omega t$ , where  $\theta$  is the angle between the line OP and the  $x$ -axis.



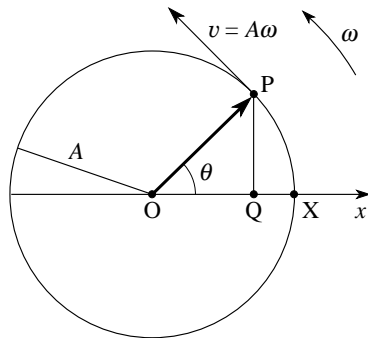
**Figure 3** An object in uniform circular motion with an orbit radius  $A$ , an angular speed  $\omega$  and an orbital speed  $v = A\omega$ .

If we now imagine viewing this motion from the plane of Figure 3 and in a direction perpendicular to the  $x$ -axis, so that what we see appears to be one-dimensional SHM along the  $x$ -axis, then it is quite clear that the displacement of the moving object from the centre of the motion will be given by  $x = OQ = A \cos \theta = A \cos \omega t$ , i.e. Equation 5a.

$$x = A \cos \omega t \quad (\text{Eqn 5a})$$

Thus, given any example of SHM that can be described by Equation 5a, we can identify the phase  $\omega t$  at any time  $t$  with the change in angular position  $\theta$  of the moving object in the associated uniform circular motion. Furthermore, we can say that initially (when  $t = 0$ ) the oscillator is at  $x = A$  and  $\theta = 0$ .

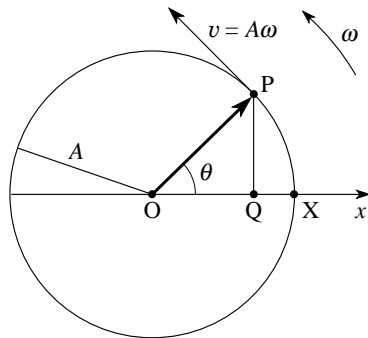
Now suppose we observe the same circular motion again, but this time we start timing from the earlier moment when the moving object is directly below the origin in Figure 3. This means that by the time the moving object reaches the point X it will already have moved through an angle of  $\pi/2$  radians (i.e.  $90^\circ$ ). Under these conditions the angular position of the moving object after a time  $t$  will be  $\theta = \omega t - \pi/2$  rad where  $\theta$  is still being measured anticlockwise from the  $x$ -axis.



**Figure 3** An object in uniform circular motion with an orbit radius  $A$ , an angular speed  $\omega$  and an orbital speed  $v = A\omega$ .

Viewing the motion from the plane of Figure 3 as before, but using the new starting time, the associated SHM must be represented by  $x = A \cos \theta = A \cos(\omega t - \pi/2)$ . Thanks to a well known trigonometric identity which tells us that  $\cos(\omega t - \pi/2) = \sin \omega t$  we can represent the SHM by an equation of the form  $x = A \sin \omega t$ , i.e. Equation 5b. Thus, given any example of SHM that can be described by Equation 5b, we can again identify the phase  $\omega t$  at any time as the change in angular position ( $\theta$ ) of the moving object in the associated uniform circular motion. However, in this case the oscillator is initially (at  $t = 0$ ) at  $x = 0$  and the initial value of  $\theta$  is  $-\pi/2$ .

Note that in both the mathematical representations of SHM we have considered (Equations 5a and 5b) the interpretation of phase is the same — it's the *change* in angular position of the moving object in the associated uniform circular motion. The only difference between the motions described by Equations 5a and 5b is the initial position of the oscillator and, correspondingly, the initial angular position of the moving object in the associated uniform circular motion.

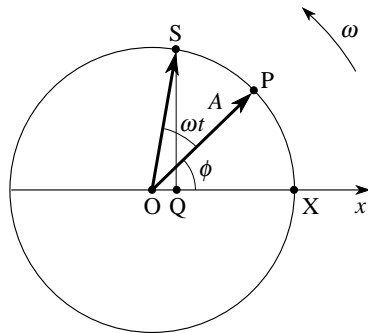


**Figure 3** An object in uniform circular motion with an orbit radius  $A$ , an angular speed  $\omega$  and an orbital speed  $v = A\omega$ .

Armed with this relationship between SHM and uniform circular motion we are now ready to examine the general mathematical definition of one-dimensional SHM. This deals with the case where the initial displacement of the oscillator may have any value between  $A$  and  $-A$ .

### Question T3


Figure 4 illustrates general initial conditions for one-dimensional SHM, as represented by its associated circular motion. The initial time ( $t = 0$ ) is when the object is at P, with an initial angular position  $\phi$ . At a time  $t$  it is at S, having turned through an additional angle  $\omega t$ . Use Figure 4 and basic trigonometry to derive an expression for the displacement  $x$  at time  $t$  in terms of  $A$ ,  $\omega t$  and  $\phi$ . □



**Figure 4** The uniform circular motion associated with one-dimensional SHM in the general case where the object has an initial angular position  $\phi$ .

We can now *define* one-dimensional SHM in terms of *either* of the following expressions for the displacement at time  $t$ .

$$x(t) = A \cos\left(\frac{2\pi t}{T} + \phi\right) = A \cos(\omega t + \phi) \quad (6a)$$

or  $x(t) = A \sin\left(\frac{2\pi t}{T} + \phi\right) = A \sin(\omega t + \phi) \quad (6b)$  

In these equations the quantity  $(\omega t + \phi)$  is the phase at time  $t$  and  $\phi$  is the initial value of the phase at  $t = 0$ . Sometimes  $\phi$  is called the **phase constant** of the motion. It is immaterial which of these two equivalent equations is used to represent a particular SHM since either is valid, with an appropriate choice of the phase constant.

### Question T4

Choose appropriate values of the phase constant  $\phi$  so that

(a) Equation 6a becomes Equation 5b, and

(b) Equation 6b becomes Equation 5a.

$$x = A \cos \omega t \quad (\text{Eqn 5a})$$

$$x = A \sin \omega t \quad (\text{Eqn 5b})$$

$$x(t) = A \cos \left( \frac{2\pi t}{T} + \phi \right) = A \cos (\omega t + \phi) \quad (\text{Eqn 6a})$$

$$x(t) = A \sin \left( \frac{2\pi t}{T} + \phi \right) = A \sin (\omega t + \phi) \quad (\text{Eqn 6b}) \quad \square$$



For the remainder of this module we will arbitrarily choose Equation 6a as our general definition of one-dimensional SHM.

### Question T5


Sketch the graphs of Equation 6a over the time interval from  $t = 0$  to  $t = 4\pi/\omega$  (or to  $t = 2T$ ) for the situations where (a)  $\phi = 0$ , (b)  $\phi = \pi/2$ , (c)  $\phi = -\pi/2$  and (d)  $\phi = \pi$ .  $\square$





## 2.4 Velocity and acceleration in SHM

In [Subsection 2.2](#) we noted that the gradient of the displacement–time graph at any time gives the velocity of the moving object at that time; the velocity–time graph of the moving object can thus be constructed from the displacement–time graph by measuring the gradient  $dx/dt$  of the latter graph at each point and by plotting this gradient as a function of time. The acceleration–time graph can then be constructed from the gradient  $dv_x/dt$  of the velocity–time graph in a similar way. This graphical procedure is both slow and inaccurate.

Fortunately there is a quick and accurate alternative method for finding the gradient of a graph at any point, provided we know the algebraic expression that describes the curve, i.e. provided we know the *function* concerned. This method uses the techniques of [differential calculus](#)  to find the gradient of the graph. If the displacement  $x$  at time  $t$  is given by the function  $x(t)$  then the gradient of the displacement–time graph at time  $t$  is given by  $dx(t)/dt$  and this is also the *instantaneous velocity*  $v_x(t)$  of the object at that time. In a similar way the gradient of the velocity–time graph at time  $t$  is given by  $dv_x(t)/dt$  and this is also the *instantaneous acceleration*  $a_x(t)$  of the object at time  $t$ . We can summarize these statements as follows:

$$v_x(t) = \frac{dx}{dt}(t) \quad (7)$$

$$a_x(t) = \frac{dv_x}{dt}(t) = \frac{d^2x}{dt^2}(t) \quad (8)$$

**Note** The symbol  $\frac{d^2x}{dt^2}(t)$  is called the second derivative of  $x$  with respect to  $t$ . It is an example of a higher derivative. See the *Glossary* for details.

So, starting from our chosen description of SHM, if we now substitute

$$x(t) = A \cos(\omega t + \phi) \quad (\text{Eqn 6a})$$

into Equations 7 and 8

$$v_x(t) = \frac{dx}{dt}(t) \quad (\text{Eqn 7})$$

$$a_x(t) = \frac{dv_x}{dt}(t) = \frac{d^2x}{dt^2}(t) \quad (\text{Eqn 8})$$

and proceeding either graphically or via calculus, we find:

$$v_x(t) = -A\omega \sin(\omega t + \phi) \quad (9a)$$

$$\text{and} \quad a_x(t) = -A\omega^2 \cos(\omega t + \phi) \quad (10a)$$

Comparison of Equation 6a and Equation 10a reveals that we may write

$$a_x(t) = -A\omega^2 \cos(\omega t + \phi) = -\omega^2 x(t) \quad (11a)$$

Figure 5 gives a quantitative representation of these results for the case  $\phi = 0$ . These graphs were anticipated qualitatively in [Question T1](#). Notice from Figure 5 that:

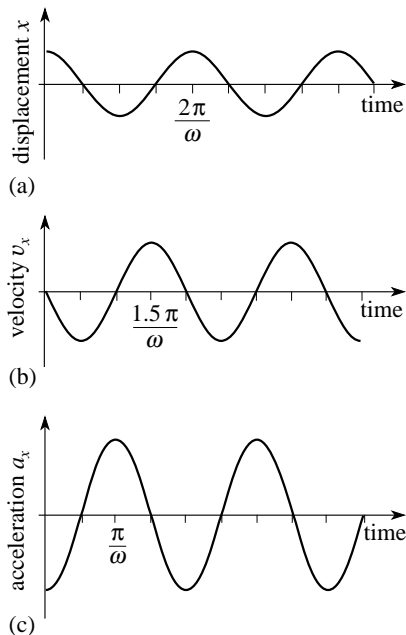
- The velocity is maximum when the displacement is zero, and zero when the displacement is maximum — both graphs are sinusoidal but their respective maxima and minima are offset by a fixed time ( $0.5\pi/\omega$ ), or one-quarter of a period. This is because one is described by a sine function and the other by a cosine function of the same angle (Equations 6a and 9a).

$$x(t) = A \cos(\omega t + \phi) \quad (\text{Eqn 6a})$$

$$v_x(t) = -A\omega \sin(\omega t + \phi) \quad (\text{Eqn 9a})$$

$$a_x(t) = -A\omega^2 \cos(\omega t + \phi) \quad (\text{Eqn 10a})$$

**Figure 5** Graphs of the displacement, velocity and acceleration for an object in one-dimensional SHM, as represented by Equations 6a, 9a and 10a, with  $\phi = 0$ .

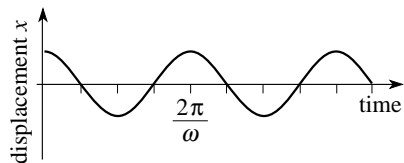


- The acceleration and the displacement reach their turning points at the same time but one is a maximum when the other is a minimum. This is because both are described by cosine functions, but they have opposite signs (Equations 6a and 10a).

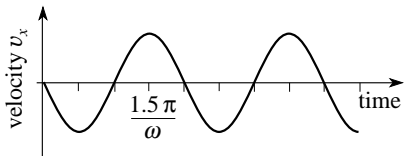
$$x(t) = A \cos(\omega t + \phi) \quad (\text{Eqn 6a})$$

$$v_x(t) = -A\omega \sin(\omega t + \phi) \quad (\text{Eqn 9a})$$

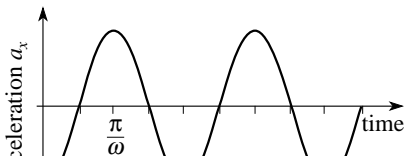
$$a_x(t) = -A\omega^2 \cos(\omega t + \phi) \quad (\text{Eqn 10a})$$



(a)



(b)

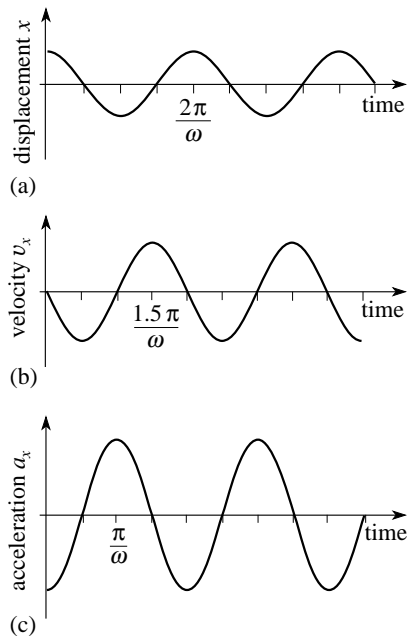



(c)

**Figure 5** Graphs of the displacement, velocity and acceleration for an object in one-dimensional SHM, as represented by Equations 6a, 9a and 10a, with  $\phi = 0$ .

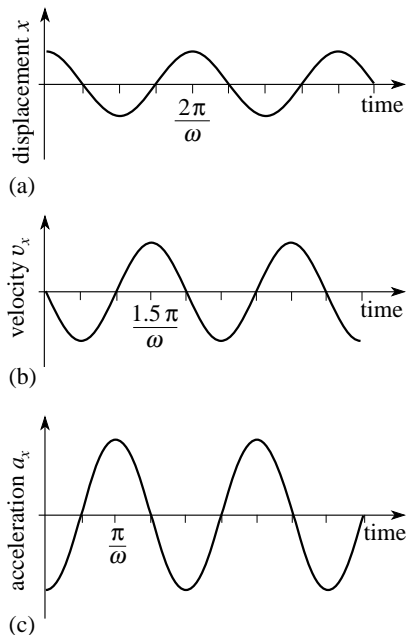
- The peak value of displacement is the amplitude of the motion  $A$ , while the peak value of velocity is  $\omega A$  and that of acceleration is  $\omega^2 A$ . This implies that the peak values of velocity and acceleration can be increased by increasing  $\omega$ , even when the amplitude  $A$  is constant. This is what we might have expected, since increasing the frequency ( $f = \omega/2\pi$ ) at constant amplitude requires the object to cover the same path in a shorter time and therefore it must reach larger velocities and larger accelerations.


**Figure 5** Graphs of the displacement, velocity and acceleration for an object in one-dimensional SHM, as represented by Equations 6a, 9a and 10a, with  $\phi = 0$ .

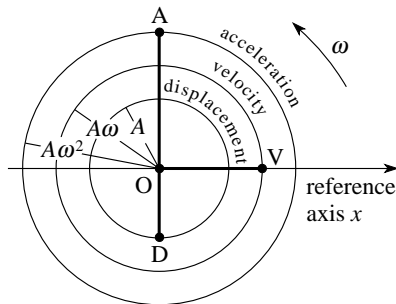


- If we compare the three graphs on Figure 5 we notice that each reaches its maximum positive value at different times — acceleration first at  $t = \pi/\omega$ , then velocity at  $t = 1.5\pi/\omega$  and finally displacement at  $t = 2\pi/\omega$ . From this we say that the acceleration **leads** the velocity by one-quarter of a cycle or by a phase of  $\pi/2$ . Similarly the velocity leads the displacement by  $\pi/2$ . Alternatively we might say that the displacement **lags** the velocity by  $\pi/2$  and the velocity lags the acceleration by  $\pi/2$ .  When the phase difference is  $\pi$  (as with acceleration and displacement) it is equally valid to describe this as a lead or a lag by  $\pi$ .

**Figure 5** Graphs of the displacement, velocity and acceleration for an object in one-dimensional SHM, as represented by Equations 6a, 9a and 10a, with  $\phi = 0$ .



When two quantities that vary sinusoidally  reach their maxima simultaneously we say they are **in phase** and when they have a phase difference of  $\pi$  (such as displacement and acceleration in our example) we say they are **in anti-phase** or alternatively  $180^\circ$  **out of phase**. These phase differences can again be visualized with the help of the circular motion SHM analogue. Figure 6 shows a schematic representation of the relative phases of displacement, velocity and acceleration in one-dimensional SHM. The figure shows three wheels, representing displacement, velocity and acceleration; each wheel has a radius corresponding to the maximum magnitude of the quantity concerned:  $x_{\max} = A$ ,  $(v_x)_{\max} = A\omega$ ,  $(a_x)_{\max} = A\omega^2$ . The three wheels are joined together by three rigid spokes OD, OV and OA, and rotate at a common angular speed  $\omega$  around O. At any time the displacement  $x$ , velocity  $v_x$  and acceleration  $a_x$  are represented by the  $x$ -coordinates of points D, V and A, respectively. As the wheels rotate, the first spoke to cross the positive  $x$ -axis is the ‘acceleration spoke’ followed next by the ‘velocity spoke’ and finally the ‘displacement spoke’. Since these three spokes are mounted  $90^\circ$  or  $\pi/2$  radians apart the phase differences are maintained at  $\pi/2$  radians or one-quarter of a full cycle. This also brings out the fact that the phase *differences* are more significant than the phases  $(\omega t + \phi)$  themselves, since the former stay constant while the latter change with the rotation of the wheels.



**Figure 6** The rotating wheels analogue for displacement, velocity and acceleration in one-dimensional SHM.

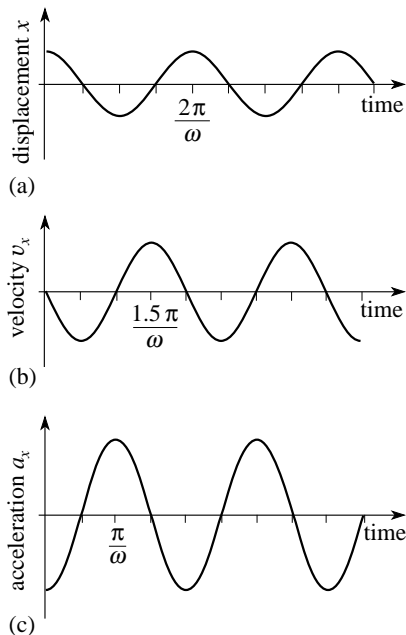
Also, if the wheels were to rotate clockwise rather than anticlockwise then we would have to reverse the terms ‘lead’ and ‘lag’ but the *magnitude* of the phase differences would be unchanged. A similar conclusion would be reached from Figure 5, if we reversed the direction of the time axis.

### Question T6

Describe in words the changes you would expect to see in Figure 5 if it had been plotted for the case  $\phi = \pi/3$  instead of  $\phi = 0$ . ☐



**Figure 5** Graphs of the displacement, velocity and acceleration for an object in one-dimensional SHM, as represented by Equations 6a, 9a and 10a, with  $\phi = 0$ .





In our derivation of Equations 9a, 10a and 11a

$$v_x(t) = -A\omega \sin(\omega t + \phi) \quad (\text{Eqn 9a})$$

$$a_x(t) = -A\omega^2 \cos(\omega t + \phi) \quad (\text{Eqn 10a})$$

$$a_x(t) = -A\omega^2 \cos(\omega t + \phi) = -\omega^2 x(t) \quad (\text{Eqn 11a})$$

we have arbitrarily chosen to express the displacement by the cosine function, Equation 6a.

$$x(t) = A \cos(\omega t + \phi) \quad (\text{Eqn 6a})$$

We could equally well have chosen to represent the displacement by the sine function, Equation 6b.

$$x(t) = A \sin(\omega t + \phi) \quad (\text{Eqn 6b})$$

Had we used the sine function representation we would have produced the following equivalent expressions:

$$v_x(t) = A\omega \cos(\omega t + \phi) \quad (9b)$$

and  $a_x(t) = -A\omega^2 \sin(\omega t + \phi) \quad (10b)$

so  $a_x(t) = -A\omega^2 \sin(\omega t + \phi) = -\omega^2 x(t) \quad (11b)$

When we compare Equations 11a and 11b


$$a_x(t) = -A\omega^2 \cos(\omega t + \phi) = -\omega^2 x(t) \quad (\text{Eqn 11a})$$

$$a_x(t) = -A\omega^2 \sin(\omega t + \phi) = -\omega^2 x(t) \quad (\text{Eqn 11b})$$

we notice that the *same result* is produced when the acceleration is expressed in terms of the displacement.

$$a_x(t) = -\omega^2 x(t) \quad (12)$$

It is clear that *the result expressed by Equation 12 is a fundamental statement concerning SHM, since it is independent of the choice of how the displacement is represented.* Since  $\omega$  and  $\omega^2$  are constants, Equation 12 reveals a very important feature that could be regarded as a definition of SHM:

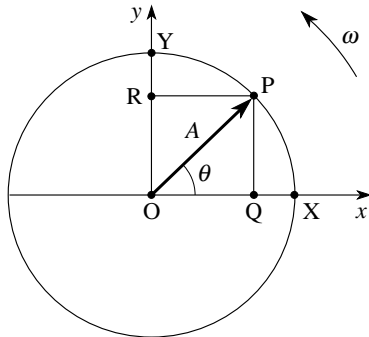
In one-dimensional SHM, the acceleration at any instant is linearly proportional  to the displacement at that instant and is always in the opposite direction to the displacement.

## 2.5 The phasor model of SHM

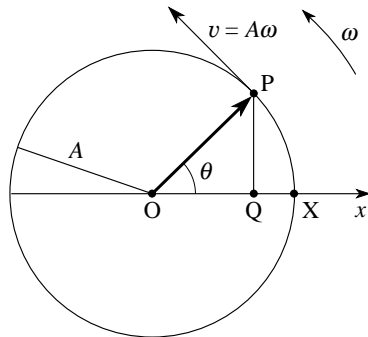
We have seen that a uniform circular motion can be associated with one-dimensional SHM. In this association a diameter of the circle is taken as the  $x$ -axis, and the SHM appears as the  $x$ -component of the motion around the circle. Sometimes the SHM is described as the **projection** of the circular motion along the diameter. The reason why this is useful is that it *gives a clear visual representation of the three characteristics which define any SHM — the amplitude, the frequency and the phase*. The amplitude corresponds to the radius of the circle, the frequency to the number of rotations of the object around the circle in unit time and the phase to the angle  $\theta$  between the  $x$ -axis and the line joining the centre of the circle to the position of the rotating object at the time concerned. In fact, this simple geometrical construction is even more useful than we have shown so far. For example, as we shall see in Section 3, it allows us to see what happens when an object moves under the influence of several SHMs simultaneously. However, in order to do this we need to introduce a new method of representing or modelling SHM mathematically.

This new representation is called the **phasor model** and is illustrated in Figure 7.

Figure 7 has much in common with Figure 3 though a y-axis has been added for later convenience. Nonetheless, the main difference is one of terminology in that the displacement vector  $\vec{OP}$  of the circular motion will henceforth be referred to as the displacement **phasor** of the simple harmonic motion. The length of the phasor,  $A$ , is called its *amplitude* while the angle  $\theta$  between the phasor and the x-axis is called its *phase*. In principle we can now describe a given SHM in terms of its associated (rotating) displacement phasor — we need not think about circular motion at all. Phasor diagrams similar to Figure 7 can be drawn to represent the displacement, velocity, or acceleration of the oscillating object at any given time — that is to give the amplitude and phase of the displacement, velocity, or acceleration at that time.



**Figure 7** The phasor model for one-dimensional SHM.



**Figure 3** An object in uniform circular motion with an orbit radius  $A$ , an angular speed  $\omega$  and an orbital speed  $v = A\omega$ .

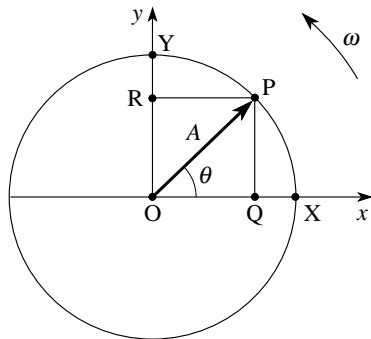
### Question T7

Draw a phasor diagram showing the velocity phasor for the object when it is at point P in Figure 7. What is the angle between the velocity phasor and the horizontal axis? Is this consistent with our earlier remarks about the phase difference between velocity and displacement? Take care to indicate the amplitude of the velocity phasor and to label the horizontal and vertical axis of your diagram correctly. ☐



### Question T8

Referring to Figure 7, show that the point R also executes SHM, where OR is the component of  $\vec{OP}$  along the y-axis. What is the phase difference between the displacements  $y$  and  $x$  of points R and Q? ☐



**Figure 7** The phasor model for one-dimensional SHM.

There is a clear similarity between phasors and vectors. Each is represented diagrammatically as a directed line segment, though a vector represents magnitude and direction, whereas a *phasor represents amplitude and phase*. Just as we are able to combine several vectors to find a resultant vector, using the rules of vector addition, so too we can combine several phasors, each representing one SHM, to find a resulting phasor which will indicate the result of the addition or *superposition* of several SHMs. We will return to this important idea in Section 3.

## 2.6 Forces acting in SHM

We now turn our attention to the forces acting in SHM. We will see that this approach leads us to another alternative specification of SHM — whereby if a body is subject to a particular force then it must necessarily undergo SHM.

The force acting on an object is related to the acceleration of the object through Newton's second law of motion,  $\mathbf{F} = m\mathbf{a}$ . Equation 12 gives the acceleration at time  $t$  in terms of the displacement at time  $t$ . We can use this result to infer the force acting in SHM. If the object has mass  $m$  then the  $x$ -component of the force acting at time  $t$  must be given by the expression:

$$F_x(t) = ma_x(t) = -m\omega^2 x(t) \quad (13)$$

The significance of Equation 13 is the following:

In SHM the *magnitude* of the force acting at any time is linearly proportional to the distance from equilibrium at that time and the *direction* of the force is opposite to that of the displacement, i.e. towards the equilibrium position.


Thus the force causing SHM always acts in a direction that tends to reduce the displacement and for this reason it is usually called the *restoring force*.

Equation 13

$$F_x(t) = ma_x(t) = -m\omega^2 x(t) \quad (\text{Eqn 13})$$

gives us a general expression for the restoring force acting on *any* SHM oscillator, in terms of the mass and the angular frequency of oscillation. It implies that the force responsible for SHM is linearly proportional to the displacement  $x$  from the position of equilibrium and is always directed towards it. We could put this in a more enlightening way by saying:

SHM will occur whenever an object moves from equilibrium under a *restoring force* which is *linearly proportional to the displacement from equilibrium*—that is it moves under the influence of a **linear restoring force**.

The constant of proportionality in Equation 13,  $k = m\omega^2$ , is called the **force constant** for the motion. 



For any SHM this force constant relates the restoring force to the displacement and is itself related to the frequency of oscillation

$$k = -\frac{F_x(t)}{x(t)} = m\omega^2 \quad (14)$$

so  $\omega = \sqrt{\frac{k}{m}}$  (15)

and the period of the oscillation is given by Equation 4

$$T = \frac{1}{f} = \frac{2\pi}{\omega} \quad (\text{Eqn 4})$$

as

$$T = \frac{2\pi}{\omega} = 2\pi\sqrt{\frac{m}{k}} \quad (16)$$

◆ What are the SI units of the force constant?



Notice a new striking feature of SHM, as seen from Equation 16:

$$T = \frac{2\pi}{\omega} = 2\pi\sqrt{\frac{m}{k}} \quad (\text{Eqn 16})$$

The period does not depend on the amplitude of the motion but only on the mass of the object and on the force constant.

This is so in SHM because the restoring force varies linearly with the displacement.

## 2.7 Examples of SHM

In this section we consider some simple examples of SHM and confirm that the motions are indeed governed by restoring forces of the type given by Equation 13, provided the oscillations are of sufficiently small amplitude.

### An object attached to a spring and displaced horizontally

Provided a spring is not overextended it will obey [Hooke's law](#). This law states that the force in the spring (i.e. the tension) is proportional to the extension. If the spring is stretched or compressed by an amount  $x$  then the  $x$ -component of the force in the spring is given by

$$F_x = -kx \quad (17)$$

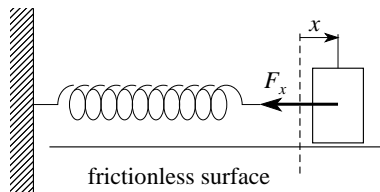
where the force constant  $k$  is called the [spring constant](#). The negative sign indicates that the spring tries to regain its original unstretched length, so the tension acts in the opposite direction to the extension and thus is a restoring force.

If no other forces act then Hooke's law provides a linear restoring force and thus satisfies the general condition for SHM. If we identify the spring's *extension from its original length* with the displacement  $x$  in Equation 13

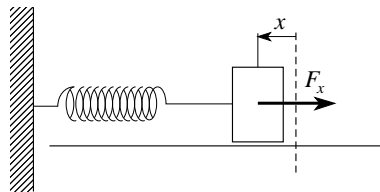
$$F_x(t) = ma_x(t) = -m\omega^2 x(t) \quad (\text{Eqn 13})$$

we can anticipate that there will be SHM oscillations of this extension about zero extension. To observe these oscillations we arrange that the Hooke's law force is the *only* net force acting on the mass attached to the spring. We can do this by placing the spring and the mass on a horizontal frictionless surface and by considering the horizontal motion of the mass attached to the fixed spring. Gravity plays no part in this motion since it acts vertically and the *weight* of the mass is supported by the *reaction* from the surface. This is shown in Figure 8 for both positive and negative displacements.


**Figure 8** The horizontal oscillations of a mass attached to a fixed spring and moving on a horizontal frictionless surface. (a) Positive displacement, negative force and (b) negative displacement, positive force.



(a)



(b)

The *equation of motion* of the mass  $m$  is given by Newton's second law,  $\mathbf{F} = m\mathbf{a}$ , where  $F_x = -kx$ , is the restoring force in the spring.  Equations 14, 15 and 16

$$k = -\frac{F_x(t)}{x(t)} = m\omega^2 \quad (\text{Eqn 14})$$

$$\omega = \sqrt{\frac{k}{m}} \quad (\text{Eqn 15})$$

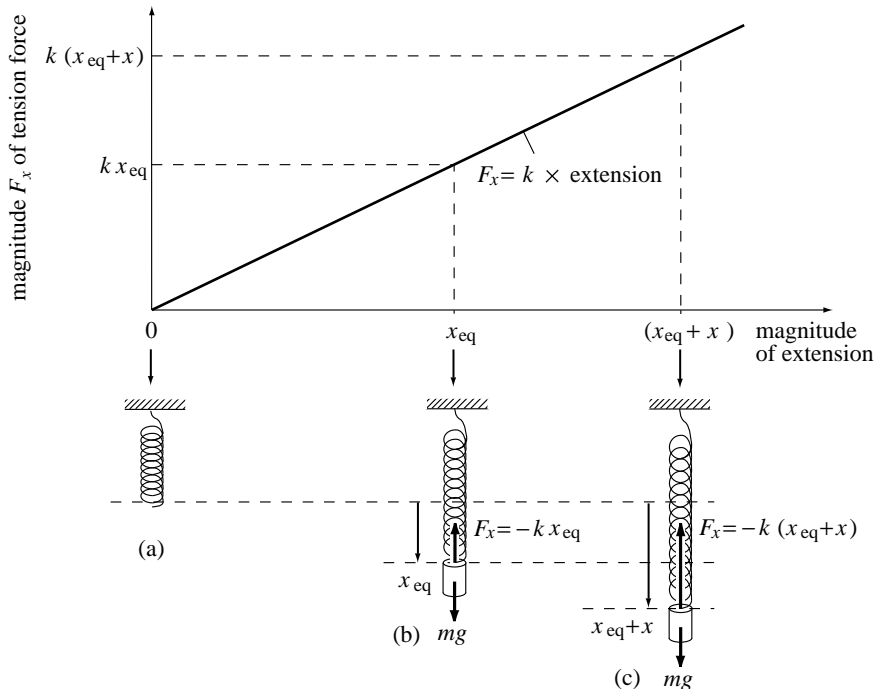
$$T = \frac{2\pi}{\omega} = 2\pi\sqrt{\frac{m}{k}} \quad (\text{Eqn 16})$$

are then directly applicable, but with  $k$  interpreted as the spring constant.

## An object attached to a spring and displaced vertically

This is the situation depicted in Figure 9. The position of equilibrium of the mass is with the spring already extended under the weight of the mass. Let  $x_{\text{eq}}$  be its extension at equilibrium (measured downwards as positive).


**Figure 9** A light coil spring shown (a) unloaded, (b) at equilibrium under load, and (c) loaded as before but displaced below its position of equilibrium.



Vertical equilibrium implies that the net force on the mass is zero or that the weight of the mass  $mg$  downwards is balanced by the spring tension upwards, due to the extension  $x_{\text{eq}}$  ([Figure 9b](#)).

This condition is

$$mg - kx_{\text{eq}} = 0 \quad (18)$$

If the suspended body is given a *further* displacement  $x$  from *the position of equilibrium* the total extension is  $(x_{\text{eq}} + x)$  as illustrated in [Figure 9c](#) . The net force downwards  $F_x$  is

$$F_x = mg - k(x_{\text{eq}} + x)$$

Substituting for  $mg$  from Equation 18 we find

$$F_x = -kx$$

which again gives SHM about the position of equilibrium.

Thus we see that if a mass is attached to a spring and is allowed to oscillate, either with horizontal or with vertical motion, then SHM occurs — providing the extension from equilibrium is sufficiently small that Hooke's law holds true. The value of  $\omega$  for the oscillations is given by Equation 15.

$$\omega = \sqrt{\frac{k}{m}} \quad (\text{Eqn 15})$$


Equations 14, 15 and 16 are all directly applicable, with  $k$  interpreted as the spring constant.

$$k = -\frac{F_x(t)}{x(t)} = m\omega^2 \quad (\text{Eqn 14})$$

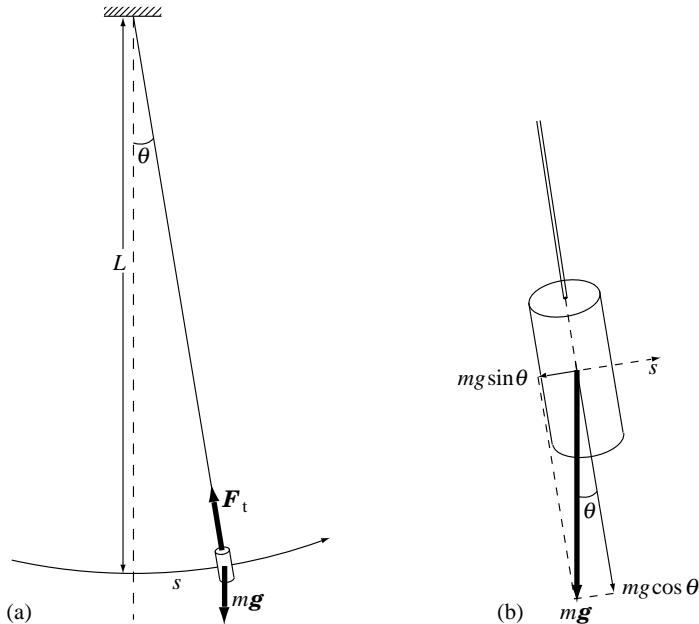
$$T = \frac{2\pi}{\omega} = 2\pi\sqrt{\frac{m}{k}} \quad (\text{Eqn 16})$$



## Oscillations of a simple pendulum

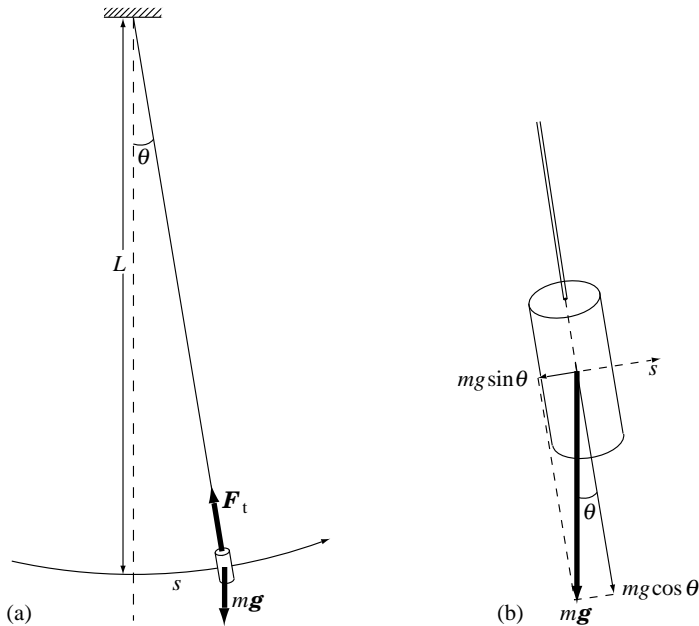
A **simple pendulum** is one for which the mass of the supporting thread is negligible compared to the mass of the pendulum bob and the bob has negligible size compared to the length of the pendulum. When a simple pendulum of length  $L$  swings in a vertical plane the bob moves along the arc of a circle, as shown in Figure 10a, and when the pendulum is at an angle  $\theta$  to the vertical its displacement along the arc from the position of equilibrium is  $s = L\theta$ . 

**Figure 10** (a) A simple pendulum in motion. (b) The restoring force is provided by the component of the weight of the bob along the tangent to the arc,  $-mg \sin \theta$ .



The position of equilibrium is where the bob hangs vertically, with its weight supported by the tension in the thread. When the bob is displaced to one side, the tension in the thread  $\mathbf{F}_t$  acts at right angles to the tangent to the arc, and therefore has no component along this tangent, so it does not influence the motion along the tangent to the arc. The only force along the tangent arises from the component of the weight resolved in this direction; since this force always acts towards the position of equilibrium, it is a restoring force.

**Figure 10** (a) A simple pendulum in motion. (b) The restoring force is provided by the component of the weight of the bob along the tangent to the arc,  $-mg \sin \theta$ .

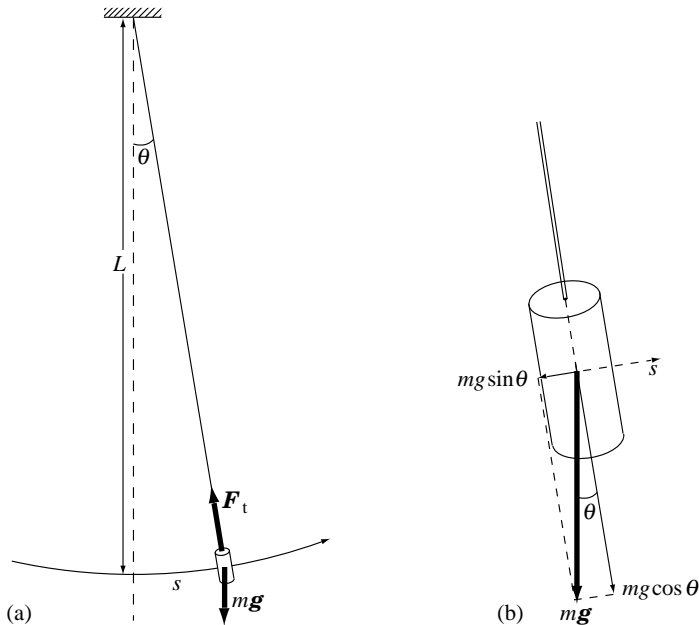


If we can show that this component is proportional to the displacement from equilibrium then we can be confident that SHM will occur. The weight and the restoring force are shown in Figure 10b, from which it can be seen that the component of this force along the tangent,  $F_s$ , is given by

$$F_s = -mg \sin \theta$$

where the positive direction of  $s$  is defined in Figure 10b and positive  $\theta$  is taken to be to the right of the vertical.

**Figure 10** (a) A simple pendulum in motion. (b) The restoring force is provided by the component of the weight of the bob along the tangent to the arc,  $-mg \sin \theta$ .



We can use the fact that  $s = L\theta$  to write this

$$F_s = -mg \sin \theta$$

as  $F_s = -mg \sin \theta \left( \frac{s}{L\theta} \right) = -\frac{mg}{L} \left( \frac{\sin \theta}{\theta} \right) s$  (19)

For SHM this would have to have the form  $F_s = -ks$ . Since the factor  $(\sin\theta/\theta)$  is *not constant* as  $\theta$  varies, the motion is *not* SHM. However, if we limit the oscillations to *small values of  $\theta$*  then we can use the approximation that  $\sin\theta \approx \theta$  (provided  $\theta$  is in radians) and Equation 19 then approximately takes the form expected for SHM:

$$F_s = -\left( \frac{mg}{L} \right) s$$
 (20)

If we compare Equation 20 with the general result for SHM (Equation 13)

$$F_x(t) = ma_x(t) = -m\omega^2 x(t)$$
 (Eqn 13)

we find  $-m\omega^2 = -\frac{mg}{L}$

$$\text{or } \omega = \sqrt{\frac{g}{L}} \quad (21)$$

and the period of the pendulum is given by Equation 4

$$\text{as } T = \frac{2\pi}{\omega} = 2\pi\sqrt{\frac{L}{g}} \quad (22)$$



Notice that for small displacements from equilibrium the period of a simple pendulum is *independent of the mass of the bob* and depends only on the length of the pendulum and the magnitude of the acceleration due to gravity  $g$ . This fact is often used to measure  $g$ , from the observed period of a simple pendulum.

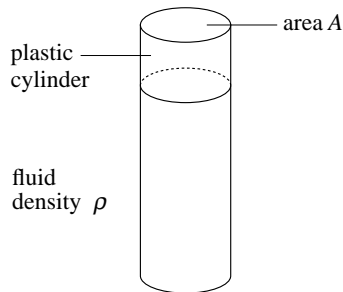
### Question T9

(a) A body of mass 2.0 kg is suspended from the end of a spring whose spring constant is  $k = 4.0 \times 10^2 \text{ N m}^{-1}$ . What is the period for small oscillations? (b) Calculate the period for small oscillations of the same mass, when used as the bob of a simple pendulum of length 12 m. ( $g = 9.8 \text{ m s}^{-2}$ )  $\square$



### Question T10



A cylinder of mass  $M$  and cross-sectional area  $A$  floats upright in a fluid of density  $\rho$  (see Figure 11). Ignoring all forces other than [\*buoyancy\*](#),  show that, if disturbed, the cylinder will execute SHM vertically. Obtain an expression for the period of the motion. 



**Figure 11** See Question T10.



Next we consider two real examples of SHM which seem rather remote from springs and pendula, but which nevertheless can be treated in terms of our mathematical model of SHM. The examples also show how widespread SHM is in nature and how SHM can be used to diagnose the forces acting in situations which are otherwise inaccessible to us.

### Question T11

An *electron* in the Earth's *ionosphere*  is found to be oscillating at a frequency of 800 kHz. If the mass of the electron is  $9.1 \times 10^{-31}$  kg, calculate the force constant involved in the oscillation. 



### Question T12

In an oxygen nucleus the eight protons are able to oscillate collectively as one, in anti-phase with the eight neutrons, at a frequency of  $5.3 \times 10^{21}$  Hz. Estimate the force constant for the nuclear oscillation, given that this oscillation may be treated as equivalent to the SHM of a single particle (of mass equal to *four* proton masses)  about the centre of mass of the system. The proton mass is  $1.67 \times 10^{-27}$  kg. 



## 2.8 The widespread occurrence of SHM; linear systems

SHM is the simplest kind of oscillation which can occur when a system is displaced from equilibrium. It arises whenever there is a restoring force which depends linearly on the displacement from equilibrium. It is easy to appreciate why this definition leads to a wide range of SHMs in nature since many equilibrium situations give rise to a linear restoring force, providing the displacement from equilibrium is sufficiently small.

We can understand this in terms of a general mathematical result. When any stable equilibrium situation is displaced there will be a restoring force which depends in some way on the displacement — that is, it is some *function* of displacement. If we imagine a graph of this function it can almost always be approximated by a linear function of displacement over a sufficiently small range. We have seen this already for the spring and the pendulum but it is equally true for sufficiently small disturbances of very many stable equilibrium situations. Systems which can be adequately described by this linear approximation are said to be [linear systems](#).

It may be that the linear approximation is not appropriate for a particular situation because we must deal with displacements which are not sufficiently small. We have already seen examples of this for large amplitude oscillations of a mass on a spring or large swings of a pendulum. Such systems are said to be [non-linear systems](#) and oscillations which are significantly non-linear are called [anharmonic oscillations](#). These are much more complicated to analyse than linear oscillations. In anharmonic oscillations we usually find that the period depends on the amplitude of the motion. We will not consider these further in this module.



### 3 Superposition of SHMs

In [Section 2](#) we have examined the basic ideas of SHM. We now extend this to consider what happens in the common situation where the motion of an object results from the combination of several independent SHM oscillations at the same time. Sometimes these independent oscillations involve [colinear](#) displacements (i.e. along the same line) and sometimes they are in different directions. An example of the former would be the in and out vibrations of the cone of a loudspeaker, when driven by an amplifier. An example of the latter would be the motion of a ship in a rough sea — up and down, side to side, stern to prow.

Another example of the addition of displacements in different directions is the motion of an atom in a crystal. Each atom experiences a force from neighbouring atoms. These forces have attractive and repulsive aspects and so act rather like springs connecting the atoms together. We can model this by imagining each atom to be attached to three springs, one along each of the three coordinate axes  $x$ ,  $y$  and  $z$  of the crystal. A particular atom will then oscillate about a position of equilibrium under the combined effect of three mutually perpendicular motions along each of these axes. This three-dimensional oscillation sounds dreadfully complicated but it is actually surprisingly easy to deal with in terms of the addition of three independent one-dimensional motions in  $x$ ,  $y$  and  $z$ . From what you saw in [Questions T11](#) and [T12](#) you might correctly anticipate that if you were to measure the frequencies of these oscillations you would be able to infer the spring constants for the interatomic forces, and these may be different in the  $x$ ,  $y$  and  $z$  directions.

The general term to describe the addition of two or more oscillations is superposition. The superposition principle simply states that:

When several oscillations are added, the resulting displacement at any time is the sum of the displacements due to each oscillation at that time.

The superposition principle is valid only for linear systems since it rests on the linear response of the system to the combined oscillation, and therefore all displacements must remain sufficiently small. Superposition of oscillations in linear systems is the subject of this section and it involves the application of some trigonometry.



### 3.1 Superposition of colinear SHMs: beating and beat frequency

Consider the superposition of two SHM displacements along the  $x$ -axis

$$x(t) = x_1(t) + x_2(t) \quad (23)$$

In general, the two SHMs may have different amplitudes, angular frequencies and phase constants so we can use Equation 6a

$$x(t) = A \cos\left(\frac{2\pi t}{T} + \phi\right) = A \cos(\omega t + \phi) \quad (\text{Eqn 6a})$$

to write this as


$$x(t) = A_1 \cos(\omega_1 t + \phi_1) + A_2 \cos(\omega_2 t + \phi_2) \quad (24)$$

The problem that now confronts us is that of gaining some insight into the nature of the combined displacement  $x(t)$ . For example, what will the displacement–time graph look like? We will approach this general problem gradually, by assuming first that the frequencies and amplitudes are equal and that only the phase constants differ. We will then relax these conditions progressively so that we can return eventually to the general case of Equation 24. Initially we will use trigonometry but for the more complicated cases it is more sensible to use the phasor model.

## Superposition of two equal amplitude and frequency SHMs

Superposing two SHMs that differ only in phase gives

$$x(t) = A \cos(\omega t + \phi_1) + A \cos(\omega t + \phi_2) \quad (24a)$$

A standard [\*trigonometric identity\*](#) gives the result of adding two cosines like this.  Using that identity we can write Equation 24a as

$$x(t) = 2A \cos\left(\frac{\omega t + \phi_1 - \omega t - \phi_2}{2}\right) \cos\left(\frac{\omega t + \phi_1 + \omega t + \phi_2}{2}\right)$$

i.e.  $x(t) = 2A \cos\left(\frac{\phi_1 - \phi_2}{2}\right) \cos\left(\omega t + \frac{\phi_1 + \phi_2}{2}\right) \quad (25a)$

Since  $\cos \frac{\phi_1 - \phi_2}{2}$  is a constant, Equation 25a can be interpreted as a new SHM of angular frequency  $\omega$  (the same as before) but of amplitude  $2A \cos\left(\frac{\phi_1 - \phi_2}{2}\right)$  and phase constant  $(\phi_1 + \phi_2)/2$ , which is the mean phase constant for the two oscillations.

We can pick out two special cases:

- When the two oscillations are *in phase*, i.e. when  $\phi_1 = \phi_2$  so that  $(\phi_1 - \phi_2) = 0$ . In this case we can set  $\phi_1 = \phi_2 = \phi$  and Equation 25a

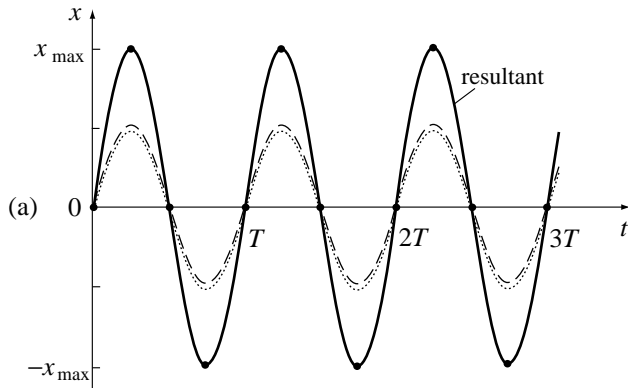
$$x(t) = 2A \cos\left(\frac{\phi_1 - \phi_2}{2}\right) \cos\left(\omega t + \frac{\phi_1 + \phi_2}{2}\right)$$

(Eqn 25a)

becomes

$$x(t) = 2A \cos(\omega t + \phi) \quad (26a)$$

which corresponds to a simple oscillation of twice the original amplitude. Sometimes this situation is described as fully **constructive superposition** (Figure 12a).



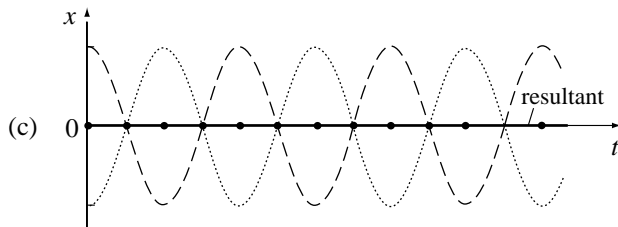
**Figure 12a** Superposition of two SHMs of the same amplitude and frequency and in phase

- When the two oscillations are *in anti-phase*, i.e. when  $|\phi_1 - \phi_2| = \pi$ . In this case Equation 25a

$$x(t) = 2A \cos\left(\frac{\phi_1 - \phi_2}{2}\right) \cos\left(\omega t + \frac{\phi_1 + \phi_2}{2}\right)$$

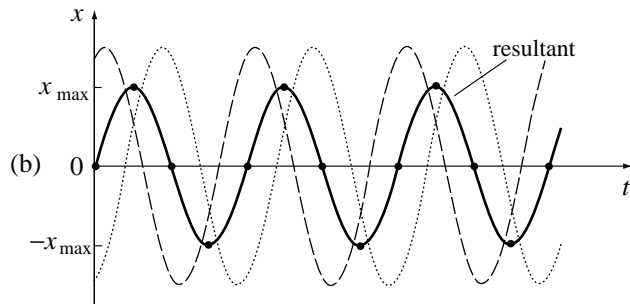
(Eqn 25a)

becomes  $x(t) = 0$ , and there is no oscillation. Sometimes this situation is described as fully **destructive superposition** (Figure 12c).



**Figure 12c** Superposition of two SHMs of the same amplitude and frequency and in anti-phase

For the general case, where the phase difference lies between the two extremes of *in phase* and *in anti-phase* the superposition can be represented as in Figure 12b.



**Figure 12b** Superposition of two SHMs of the same amplitude and frequency, acting in the same direction, but differing in phase constant and so having a general phase difference.

## Superposition of two equal amplitude SHMs

If we replace the common value of  $\omega$  in Equation 24a

$$x(t) = A \cos(\omega t + \phi_1) + A \cos(\omega t + \phi_2) \quad (\text{Eqn 24a})$$

by two separate values  $\omega_1$  and  $\omega_2$  we obtain

$$x(t) = A \cos(\omega_1 t + \phi_1) + A \cos(\omega_2 t + \phi_2) \quad (24b)$$

The addition of the two cosines now gives

$$x(t) = 2A \cos\left(\frac{\omega_1 t + \phi_1 - \omega_2 t - \phi_2}{2}\right) \cos\left(\frac{\omega_1 t + \phi_1 + \omega_2 t + \phi_2}{2}\right)$$

i.e.  $x(t) = 2A \cos\left[\frac{(\omega_1 - \omega_2)t}{2} + \frac{(\phi_1 - \phi_2)}{2}\right] \cos\left[\frac{(\omega_1 + \omega_2)t}{2} + \frac{(\phi_1 + \phi_2)}{2}\right] \quad (25b)$





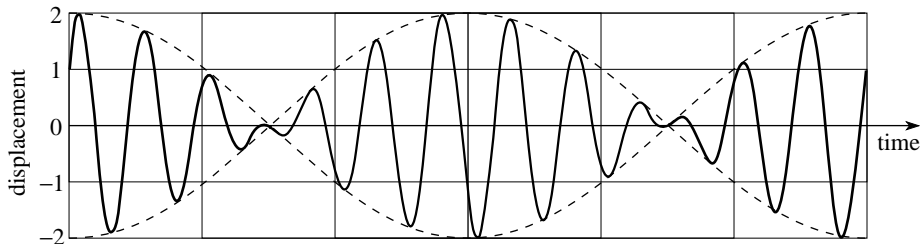
$$x(t) = 2A \cos \left[ \frac{(\omega_1 - \omega_2)t}{2} + \frac{(\phi_1 - \phi_2)}{2} \right] \cos \left[ \frac{(\omega_1 + \omega_2)t}{2} + \frac{(\phi_1 + \phi_2)}{2} \right] \quad (\text{Eqn 25b})$$

Equation 25b has no easy interpretation except in the special case where  $\omega_1$  and  $\omega_2$  are fairly similar. In this case  $|\omega_1 - \omega_2| \ll (\omega_1 + \omega_2)$  and the first cosine function is a *slowly varying* function of time, as compared with the *rapidly varying* second cosine function.

The superposition is then a new kind of oscillation, similar to SHM, in which displacement varies over time at the *average frequency*,  $f_{\text{av}} = (\omega_1 + \omega_2)/4\pi$ , with the *average phase constant*,  $(\phi_1 + \phi_2)/2$ , but having an ‘amplitude’ which varies slowly with time at the *difference frequency*,  $f_{\text{diff}} = |\omega_1 - \omega_2|/4\pi$  with the *difference phase constant*,  $(\phi_1 - \phi_2)/2$ .


$$x(t) = 2A \cos \left[ \frac{(\omega_1 - \omega_2)t}{2} + \frac{(\phi_1 - \phi_2)}{2} \right] \cos \left[ \frac{(\omega_1 + \omega_2)t}{2} + \frac{(\phi_1 + \phi_2)}{2} \right] \quad (\text{Eqn 25b})$$

The displacement–time graph of this superposition of SHMs is shown in Figure 13 for the case where the two equal amplitude original oscillations have frequencies in the ratio 13 : 11.



**Figure 13** Superposition of two colinear SHMs of the same amplitude acting in the same direction but differing in angular frequency in the ratio 13 : 11.

The slow periodic amplitude oscillations are referred to as **beats**.

The **beat frequency** is equal to  $|\omega_1 - \omega_2|/2\pi$ .  Beats are most pronounced when SHMs of equal amplitude are superposed, but they are also observable when the amplitudes are similar but not equal.

## Superposition of two colinear SHMs in the general case

Now we return to the general case of Equation 24.

$$x(t) = A_1 \cos(\omega_1 t + \phi_1) + A_2 \cos(\omega_2 t + \phi_2) \quad (\text{Eqn 24})$$

To simplify our notation here we will write the phase  $(\omega_1 t + \phi_1)$  as  $\theta_1(t)$  and the phase  $(\omega_2 t + \phi_2)$  as  $\theta_2(t)$  so that Equation 24 can be written as

$$x(t) = A_1 \cos \theta_1(t) + A_2 \cos \theta_2(t)$$

Inspired by our earlier finding (Equation 25b)

$$x(t) = 2A \cos \left[ \frac{(\omega_1 - \omega_2)t}{2} + \frac{(\phi_1 - \phi_2)}{2} \right] \cos \left[ \frac{(\omega_1 + \omega_2)t}{2} + \frac{(\phi_1 + \phi_2)}{2} \right] \quad (\text{Eqn 25b})$$

that the superposition of two SHMs can result in a motion that is similar to SHM albeit with a time dependent ‘amplitude’ we will now *assume* that the result of superposing two general SHMs can be represented by an equation of the form

$$x(t) = A(t) \cos \theta(t)$$

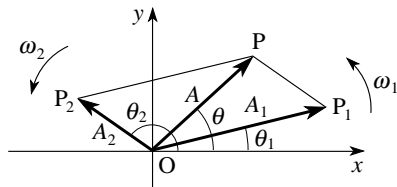
where  $A(t)$  and  $\theta(t)$  are the resulting amplitude and phase with  $x(t)$  as the displacement.

In order to work out  $A(t)$  and  $\theta(t)$  we will represent both of the original oscillations by rotating phasors, as in Figure 14. The first phasor has a constant amplitude  $A_1$  and a phase  $\theta_1(t)$  and is represented at time  $t$  by the line  $\overrightarrow{OP_1}$ , while the second phasor, which has amplitude  $A_2$ , is shown by  $\overrightarrow{OP_2}$ . The addition of these two phasors can be treated in an analogous way to the addition of two vectors — by a [triangle rule](#) or a [parallelogram rule](#) to produce the resultant phasor  $\overrightarrow{OP}$ . As  $\overrightarrow{OP_1}$  and  $\overrightarrow{OP_2}$  each rotate anti-clockwise at different angular speeds it is clear that their instantaneous sum  $\overrightarrow{OP}$  will rotate in a complicated way and with a varying length or amplitude. This justifies our assumption above.

At any time  $t$ , the  $x$  and  $y$  components of  $\overrightarrow{OP}$  are

$$x(t) = A(t) \cos \theta(t) = A_1 \cos \theta_1(t) + A_2 \cos \theta_2(t) \quad (26)$$

$$y(t) = A(t) \sin \theta(t) = A_1 \sin \theta_1(t) + A_2 \sin \theta_2(t) \quad (27)$$




**Figure 14** Phasor diagram for the general case of superposition of two SHMs acting in the same direction.

To find  $A(t)$  we square and add Equations 26 and 27,

$$x(t) = A(t) \cos \theta(t) = A_1 \cos \theta_1(t) + A_2 \cos \theta_2(t) \quad (\text{Eqn 26})$$

$$y(t) = A(t) \sin \theta(t) = A_1 \sin \theta_1(t) + A_2 \sin \theta_2(t) \quad (\text{Eqn 27})$$

and then take the positive square root to obtain: 

$$A(t) = \sqrt{A_1^2 + A_2^2 + 2 A_1 A_2 \cos [\theta_1(t) - \theta_2(t)]} \quad (28)$$

To find the resultant phase  $\theta(t)$  we divide Equation 27 by Equation 26 to give  $\tan \theta(t) = \sin \theta(t)/\cos \theta(t)$  and then

$$\theta(t) = \arctan \left[ \frac{A_1 \sin \theta_1(t) + A_2 \sin \theta_2(t)}{A_1 \cos \theta_1(t) + A_2 \cos \theta_2(t)} \right] \quad (29)$$

Equation 29 always has two solutions, differing by  $180^\circ$ ; the appropriate solution can be selected by considering the phasor diagram.

### Question T13

Two colinear SHMs of the same frequency are superposed. The amplitudes are  $A_1 = 2$  mm and  $A_2 = 1$  mm and at time  $t = 0$  the phases are  $\theta_1(0) = \phi_1 = -120^\circ$  and  $\theta_2(0) = \phi_2 = 30^\circ$ . Calculate the amplitude and phase of the resulting disturbance at  $t = 0$ . □



Equations 28 and 29

$$A(t) = \sqrt{A_1^2 + A_2^2 + 2A_1A_2 \cos[\theta_1(t) - \theta_2(t)]} \quad (\text{Eqn 28})$$

$$\theta(t) = \arctan \left[ \frac{A_1 \sin \theta_1(t) + A_2 \sin \theta_2(t)}{A_1 \cos \theta_1(t) + A_2 \cos \theta_2(t)} \right] \quad (\text{Eqn 29})$$

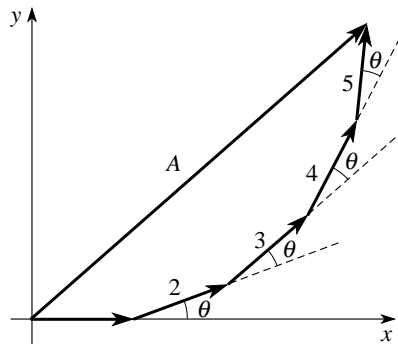
include the results for the less general cases covered by Equations 25a and 25b.

$$x(t) = 2A \cos\left(\frac{\phi_1 - \phi_2}{2}\right) \cos\left(\omega t + \frac{\phi_1 + \phi_2}{2}\right) \quad (\text{Eqn 25a})$$

$$x(t) = 2A \cos\left[\frac{(\omega_1 - \omega_2)t}{2} + \frac{(\phi_1 - \phi_2)}{2}\right] \cos\left[\frac{(\omega_1 + \omega_2)t}{2} + \frac{(\phi_1 + \phi_2)}{2}\right] \quad (\text{Eqn 25b})$$

While the analytic solution of problems such as these is quite complex, the phasor addition diagram gives a powerful visualization of the process.

Having superposed two SHMs, we can go on to superpose a third SHM on the resultant of these two to form the resultant of three SHMs, and so on. By continuing this procedure we can superpose any number of SHMs. For multiple additions the phasor diagram approach is by far the simplest one. Perhaps the most spectacular examples are found in optics where investigating the effect of many [light waves](#) arriving at a common point can lead us to superpose many oscillations, all in the same direction and all of the same frequency but with different phase constants. In such cases the analytic solution becomes very complicated while the phasor approach remains clear and helpful. Figure 15 shows an example of multiple superpositions of the type found in optics. It shows the phasor addition of five SHMs, all of the same frequency but with a fixed phase angle.



**Figure 15** Phasor addition of five SHMs all of the same amplitude and frequency but with a fixed phase angle between successive contributions.

### Question T14

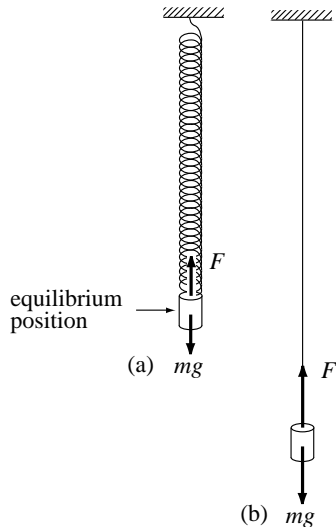
A guitar string of length 0.67 m is sounded together with a tuning fork. In the ear the oscillations from these two sources are superposed and a beat frequency of 5 beats per second is heard. The string is gradually shortened and the beat frequency decreases until, at a length of 0.66 m, it is down to 2 beats per second. Assuming the frequency produced by the string to be inversely proportional to its length, calculate the frequency of the tuning fork.





### 3.2 Superposition of perpendicular SHMs: independent and coupled oscillators


Our discussion so far has been confined to SHM in one physical dimension. However, oscillations can occur in two, or three physical dimensions. For example, the simple pendulum in Figure 1b is a three-dimensional oscillator, because it can swing from north to south or east to west—and it also moves up and down to a lesser extent. It can execute all these motions simultaneously, so that the general motion of the bob is a complex path in space. If we were to look from above or below we would see the bob tracing out a path in a horizontal plane (the  $(x, y)$  plane, say) while from the side we would also see the vertical motion. The matter does not end here. In addition to these swinging motions there could be twisting motion around the thread; this so-called *torsional* motion can also be shown to be SHM (although we will not do so in this module). Taken together, the pendulum may be subject to four independent oscillations simultaneously.



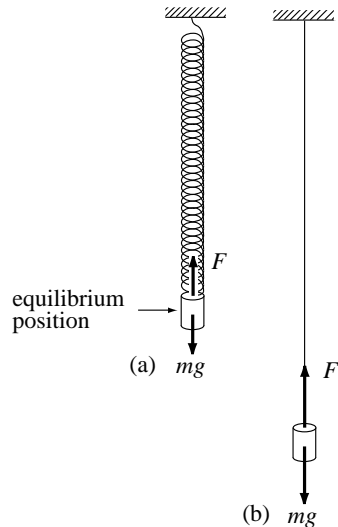
**Figure 1** Two simple oscillators in their equilibrium positions.

These independent motions of an oscillator are called the modes of vibration of the oscillator and their number is called the number of degrees of freedom of the oscillator. In this case there are four modes of vibration, including three swinging modes and one torsional mode, and there are therefore four degrees of freedom.

You will appreciate that when all these modes are in action together, the task of predicting the position of a particular point on the bob is quite challenging! Fortunately, the task is made much simpler if we know that the various motions are truly independent.

The condition for independent oscillators is that the oscillators are unaware of each other — either because they are remote from each other or because the displacement of one does not affect the forces and hence motions of the others. In our case here, each of the degrees of freedom represents an independent oscillator. We can be confident of this with our pendulum since the restoring forces in the swinging modes depend on the weight of the bob and this is independent of where the bob is placed.  The torsional mode is controlled by the physical properties of the thread, (i.e. its rigidity) not at all by gravity, and so this mode is independent of the others. If two oscillators or two modes of a single oscillator are not independent, they are said to be coupled.

We could have had this same discussion in relation to the mass on the spring, as shown in Figure 1a. This system can oscillate up and down and it can swing and twist like the pendulum. In general, it is important to develop a means of combining independent oscillations. We will do this only in the case of two independent, perpendicular SHMs.

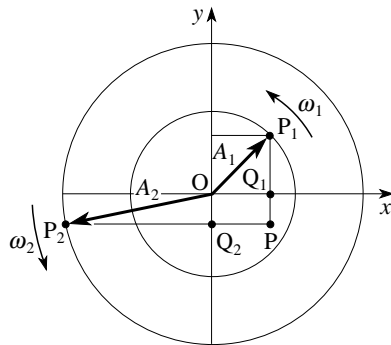


**Figure 1** Two simple oscillators in their equilibrium positions.

We can use the phasor model again to picture the result of superposing two perpendicular SHMs. Figure 16 shows the general case for the superposition of two phasors  $\vec{OP}_1$  and  $\vec{OP}_2$ . These have different amplitudes, phases and, possibly, different frequencies. We consider  $\vec{OP}_1$  as generating the  $x$ -motion (point  $Q_1$ ) and  $\vec{OP}_2$  as generating the  $y$ -motion (point  $Q_2$ ). The result of the superposition at any particular time is represented by the point  $P$ , which has its  $x$  and  $y$ -coordinates determined by  $Q_1$  and  $Q_2$ , respectively. The path traced by  $P$ , as  $P_1$  and  $P_2$  rotate, represents the motion of an object which is subject to these two perpendicular motions.

The moving point  $P$  in Figure 16 might, for example, represent the motion of a pendulum bob in the  $(x, y)$  plane, as it would be seen from above. Here we would use the same frequency for the  $x$  and  $y$  motions (determined by the length of the pendulum), even though their

amplitudes and phase constants might differ. The path of the bob would in general be an *ellipse*, but could be long and thin or short and fat—it would be circular if the  $x$  and  $y$  motions had the same amplitude or, in the limit where one amplitude is zero, it would be a simple one-dimensional motion along either  $x$  or  $y$ -axes.



**Figure 16** Phasor diagram of the superposition of two perpendicular oscillations.

Of course, the *shape* of the path in the  $(x, y)$  plane is a purely geometrical result, and there remain significant questions to be asked, about the speed and direction of motion at different points on the trajectory. These considerations are outside the scope of this module but they too can be handled by phasor methods.

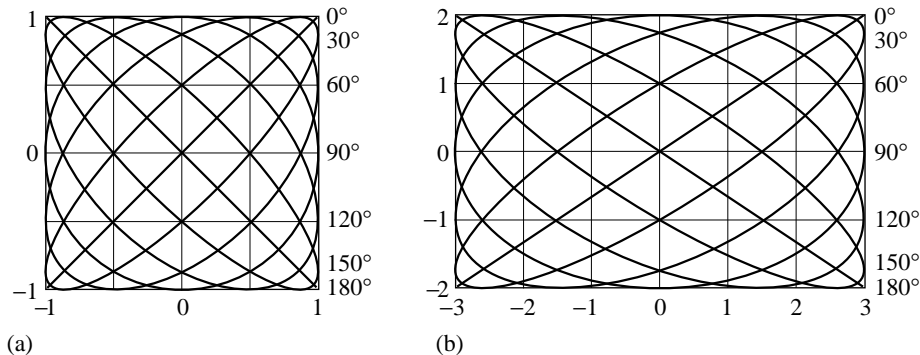
Approaching the general two-dimensional problem analytically, we can represent the  $x$  and  $y$ -components of the two-dimensional displacement at time  $t$  by

$$x(t) = A_1 \cos \omega_1 t \quad (30a)$$

$$y(t) = A_2 \cos (\omega_2 t + \phi) \quad (30b) \quad \text{👉}$$

in which the zero of time has been chosen to coincide with the positive turning point of the  $x$ -motion at  $x = A_1$ . These equations give the trajectory followed by the object in the  $(x, y)$  plane in terms of the time  $t$ . If we eliminate  $t$  between these two equations we find the equation of the trajectory — that is an expression for  $y$  in terms of  $x$ .

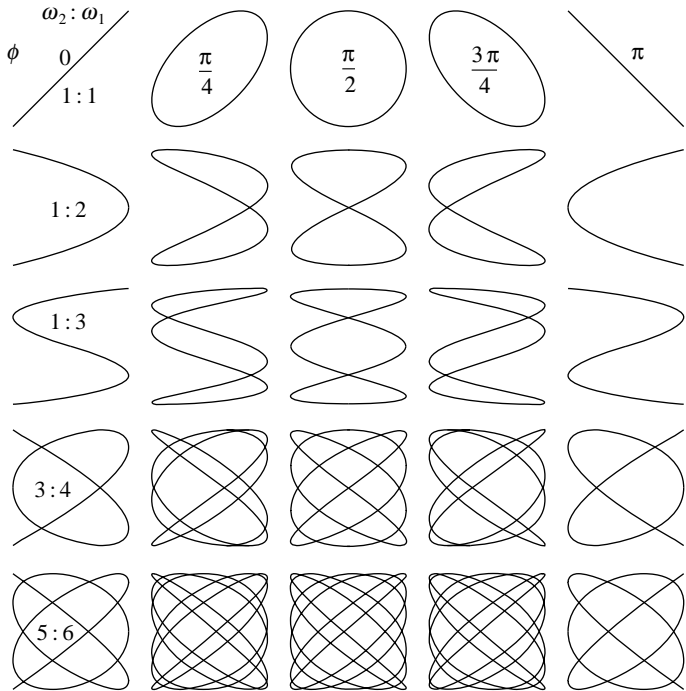
These trajectories are known as **Lissajous figures** and several such figures are shown, for various amplitudes, frequencies and phase constants in Figure 17



**Figure 17** Lissajous figures from the two-dimensional oscillations of a simple pendulum. Each ellipse is tagged with the value of  $\phi$  to which it corresponds: (a) with equal amplitudes, (b) when  $A_1/A_2 = 1.5$ . (The curves are generated from Equations 30a and 30b, with  $\omega_1 = \omega_2$ .)

and Figure 18.

**Figure 18** Lissajous figures from two perpendicular one-dimensional oscillations at different frequencies. In these examples,  $A_1 = A_2$ ; but the ratio  $\omega_2 : \omega_1$  varies from row to row and the phase constant  $\phi$  varies from column to column. (These curves are generated from Equations 30a and 30b, with  $A_1 = A_2$ .)



### Question T15

A pendulum swings in the  $(x, y)$  plane such that the oscillations in the  $x$  and  $y$ -directions have amplitudes in the ratio of 1 : 2 and the larger amplitude oscillator (in  $y$ ) leads the other by  $\pi/4$ . Sketch the corresponding Lissajous figure. □





## 4 Closing items

### 4.1 Module summary

- 1 When a system in *stable equilibrium* is disturbed slightly, it is subject to a *restoring force* which tends to direct it back towards its *position of equilibrium*, and the system, therefore, oscillates about that position.
- 2 *Simple harmonic motion (SHM)* may be characterized in one dimension by the equation

$$x(t) = A \cos(\omega t + \phi) \quad (\text{Eqn 6a})$$

where  $x(t)$  represents the displacement from the equilibrium position at time  $t$ ,  $A$  is the *amplitude* of the motion,  $\omega$  is its *angular frequency* and  $\phi$  is the *phase constant*. It follows from this equation that the acceleration at time  $t$  is given by

$$a_x(t) = -\omega^2 x(t) \quad (\text{Eqn 12})$$

and it follows from this that the force required to sustain such motion must be

$$F_x(t) = -m\omega^2 x(t) = -kx(t) \quad (\text{Eqn 13})$$

- 3 The *period*  $T = 2\pi/\omega = 1/f$  of SHM is independent of the *amplitude* of the motion.

- 4 Analysis of the forces operating in simple stable systems verifies that they are of the form  $F_x = -kx$ , where  $x$  is the displacement and  $k$  is a constant. This explains why simple harmonic motion is the natural state of oscillation of stable systems, where the restoring forces can be treated as linearly dependent on displacement.
- 5 If the amplitude of an oscillator is not sufficiently small, the restoring forces cease to be linearly proportional to the displacement and the simple behaviour, characteristic of SHM, is lost. In these anharmonic oscillations the period is usually dependent on the amplitude.
- 6 Uniform circular motion provides a convenient model for SHM. The projected motion along any diameter mimics that of one-dimensional SHM. The model gives a visual interpretation of phase and angular frequency.
- 7 A phasor model more formally represents the amplitude and phase of SHM and also allows the addition or superposition of several such motions, either in the same direction or in perpendicular directions.
- 8 Independent oscillators are ones in which the displacement of one does not change the restoring forces acting on the others. Coupled oscillators are those in which these mutual effects are present.
- 9 If oscillations of similar frequency and amplitude are superposed in the same direction, the phenomenon of beating is observed.
- 10 When two independent perpendicular oscillations are superposed, the path of the resultant motion is described by a Lissajous figure.

## 4.2 Achievements

Having completed this module, you should be able to:

- A1 Define the terms that are emboldened and flagged in the margins of the module.
- A2 Account for and describe, qualitatively, the oscillations of a stable system and relate frequency, angular frequency and period.
- A3 Sketch displacement–time, velocity–time and acceleration–time graphs for SHM, explain how they are related and construct the second two from the first.
- A4 Write down a general algebraic expression for the displacement in SHM, use this to derive expressions for the velocity and the acceleration, and use these three to solve problems in SHM.
- A5 Show that SHM is governed by an acceleration and a restoring force which are both linear in the displacement.
- A6 Analyse simple stable systems, and calculate their periods of oscillation.
- A7 Describe how anharmonic oscillations arise in a system and explain how these differ from SHM.
- A8 Describe and obtain formulae for the superposition of two colinear SHMs, and explain these results in relation to the phasor model.

A9 Describe and explain the phenomenon of beats.

A10 Describe and obtain general formulae for the superposition of two independent perpendicular SHMs, and explain these results in relation to the phasor model.

A11 Describe and construct simple Lissajous figures for the superposition of two perpendicular SHMs.

*Study comment* You may now wish to take the [Exit test](#) for this module which tests these Achievements. If you prefer to study the module further before taking this test then return to the [Module contents](#) to review some of the topics.

## 4.3 Exit test

*Study comment* Having completed this module, you should be able to answer the following questions each of which tests one or more of the Achievements.

### Question E1

(A3) The bob of a simple pendulum is moved to one side and released from rest. Sketch the displacement–time graph for the subsequent motion. How does the velocity–time graph differ from this?



### Question E2

(A2) If the frequency of a particular SHM is 50 Hz, what is the angular frequency and the period?



### Question E3

(A1 and A8) Two equal amplitude oscillators of the same frequency differ in phase by  $60^\circ$ . Explain what this statement means, with the aid of a sinusoidal sketch and also in terms of a phasor diagram. Indicate on your sketches which oscillator leads.



### Question E4

(A4) A pendulum of period 10 s has, initially, a displacement of 1 m and a velocity of  $2.5 \text{ m s}^{-1}$ . Find an algebraic expression for the displacement.



### Question E5

(A4 and A5) Starting from an expression for the displacement in SHM, show that the acceleration and the restoring force are each proportional to this displacement.



### Question E6

(A6) A 5.0 kg mass is attached to the lower end of a spring whose force constant is  $4.0 \times 10^2 \text{ N m}^{-1}$ . The mass is then pulled down 5 cm below the position of equilibrium and released from rest. Calculate the period of oscillation if the experiment is conducted: (a) on the Earth's surface, where  $g = 9.8 \text{ m s}^{-2}$ , (b) on the Moon's surface, where  $g = 1.6 \text{ m s}^{-2}$ , (c) in a region of space where there is no gravity.



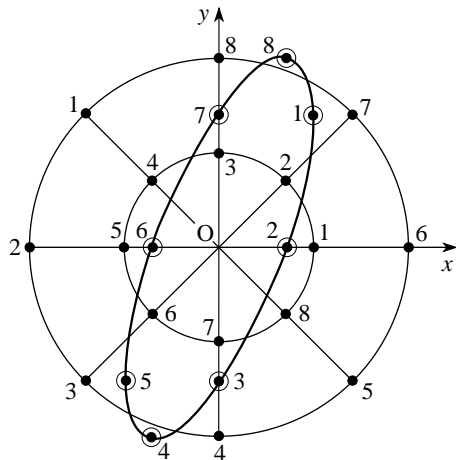
### Question E7

(A6) A 5.0 kg mass is attached to the lower end of a wire of length 1.5 m and is then drawn aside and released. Calculate the period of oscillation if the experiment is conducted: (a) on the Earth's surface, where  $g = 9.8 \text{ m s}^{-2}$ , (b) on the Moon's surface, where  $g = 1.6 \text{ m s}^{-2}$ , (c) in a region of space where there is no gravity.



### Question E8

(A8 and A9) A vibrating string produces two colinear oscillations, with a frequency ratio of 1 : 2. The higher frequency oscillation has only one-third of the amplitude of the other oscillation. Starting from a time when the two oscillations are in phase, show on a phasor diagram the superposed displacement over one full cycle of the lower frequency oscillation. (*Hint:* though the details differ, you may find it helpful to consider Figure 24 before attempting this question.)



**Figure 24** See Answer T15.



## Question E9

(A7) Explain the circumstances under which anharmonic oscillations may occur and explain how they might be identified as such.



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*Study comment* This is the final *Exit test* question. When you have completed the *Exit test* go back to Subsection 1.2 and try the [\*Fast track questions\*](#) if you have not already done so.

If you have completed **both** the *Fast track questions* and the *Exit test*, then you have finished the module and may leave it here.

